

REACH US

Dr. Nivedita Dadu's Dermatology Clinic

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WHY HAVE
FACIAL AILMENTS
when you can have
FACIAL EXPRESSIONS

“

HEALTHY, HYDRATED CELLS
ARE THE KEY TO AGELESS
SKIN AND HEALTHY BODY.

”



about us...

Dr. Nivedita dadu's Dermatology Clinic, a speciality skin clinic offers a comprehensive range of world class diagnostic, therapeutic and management services for common and rare skin diseases and skin aging conditions. Founded by Dr. Nivedita Dadu : Dr. Nivedita Dadu's Dermatology Clinic brings together General Dermatology & Cosmetic Dermatology under one roof.



DR. NIVEDITA DADU, Medical & Cosmetic Dermatologist has done her MBBS from the prestigious Maulana Azad Medical College & Lok Nayak Hospital, New Delhi. Later she pursued her post-graduation and Senior Residency in Dermatology, Venereology & Leprosy at Safdarjung Hospital, New Delhi, one of the premier hospitals of the country. During her 8 years of Dermatology at Safdarjung Hospital Dr. Nivedita worked extensively in out-patient and in-patient management of all skin disorders, Dermatological procedures, Cosmetic Dermatology and was actively involved in clinical research and academics at the hospital.

Dr. Nivedita has got excellent training and hands on experience on FDA approved lasers, skin resurfacing & rejuvenation and various new world technologies for a year. Dr. Nivedita also assisted as a senior consultant Dermatologist with Clinic Dermatech using latest gold standard Lasers-painless Diode Laser for hair reduction, Er: Glass Fractional Laser for scar revision, resurfacing & rejuvenation, using US FDA approved Allergen products – Botox & Fillers (Juvéderm® | Juvéderm®XC | Juvéderm®Voluma).



Services

Dr. Nivedita dadu's Dermatology Clinic, provides a range of skin care services with a tradition of individual attention by Dadu Medical Centre. Our services & treatments have been broadly categorized into three primary segments General Dermatology, Dermatosurgery & Cosmetic Dermatology. If you suffer from any of the skin problems we address, and would like to have a personalized clinical care program designed for you, please contact us and we'll be happy to help.



General Dermatology

General Dermatology at Dr. Nivedita Dadu's Dermatology Clinic provides expert assessment, diagnosis and treatment of skin complaints. A full range of topical, drug, light treatment and surgical treatments are available. Some of the various skin conditions that are being treated at Dr. Nivedita Dadu's Dermatology Clinic have been mentioned on the adjoining pages. Find your condition and we'll treat it for you.



PSORIASIS is a common, chronic relapsing immune-mediated skin disease characterized by red & scaly patches, which usually itch. Psoriasis is not purely a skin disorder and can have a negative impact on many organ systems. It has been associated with an increased risk of certain cancers, cardiovascular disease and other immune-mediated.



URTICARIA or hives is an allergic condition characterized by itchy, red, raised patches on skin. Management includes a battery of tests to find out the cause.



ECZEMA is a chronic skin condition in which the skin becomes itchy, reddened, cracked and dry. The cause of eczema is unknown but is presumed to be a combination of genetic and environmental factors. With medical management and life style changes Eczema can be completely treated.



VITILIGO a condition that causes depigmentation of parts of the skin. It occurs when melanocytes, the cells responsible for skin pigmentation, die or are unable to function. The goals of treatment is to improve the appearance of skin lesions. Depending upon the size, number of locations of white patches,



an individualized treatment (medical, surgical & adjunctive therapies) plan can be tailor made for the patient.



ATOPIC DERMATITIS also known as atopic eczema is a type of dermatitis, an inflammatory, relapsing, non-contagious and itchy skin disorder. People with AD often have

dry and scaly skin that spans the entire body, and intensely itchy red, splotchy, raised lesions to form in the bends of the arms or legs, face, and neck. Itchy rash is particularly noticeable on head and scalp, neck, inside of elbows, behind knees, and buttocks.



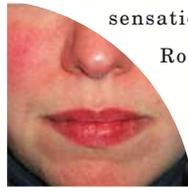
SEBORRHEIC DERMATITIS is a chronic, relapsing and usually mild dermatitis. Seborrheic dermatitis is an inflammatory skin disorder affecting the scalp, face, and torso. Typically, seborrheic dermatitis presents with scaly, flaky, itchy, and red skin. It particularly affects the sebaceous-gland-rich areas of skin. In adolescents and adults, seborrheic dermatitis usually presents as scalp scaling similar to dandruff or as mild to marked erythema of the nasolabial fold.



NAIL DISORDERS are distinct from diseases of the skin. Although nails are a skin appendage, they have their own signs and symptoms which may relate to other medical conditions. Nail conditions that show signs of infection or inflammation require medical assistance. Nail inspection can give hints to the internal condition of the body as well. Nail disease can be very subtle and should be evaluated by a dermatologist.



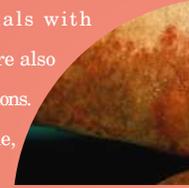
ROSACEA is a chronic condition characterized by facial erythema (redness) and sometimes pimples. Rosacea typically begins as redness on the central face across the cheeks, nose, or forehead. In some cases, additional symptoms, such as semi-permanent redness, red domed bumps, red gritty eyes, burning and stinging sensations may develop. Treating Rosacea varies depending on severity and subtypes, lifelong treatment is often necessary.



MELASMA is a tan or dark skin discoloration. Although it can affect anyone, Melasma is particularly common in women, especially pregnant women and those who are taking oral or patch contraceptives or hormone replacement therapy (HRT) medications. The symptoms of melasma are dark, irregular well demarcated hyperpigmented patches commonly found on the upper cheek, nose, lips, upper lip, and forehead.



FUNGAL INFECTIONS are any inflammatory conditions caused by a fungus. Most fungal infections are superficial and mild, though persistent and difficult to eradicate. Fungal infections of the skin with the 4th most common disease. People are at risk of fungal infections when they are taking strong antibiotics for a long period of time. Individuals with weakened immune systems are also at risk of developing fungal infections. Very young and very old people, also, are groups at risk.



CONTACT DERMATITIS is a localized rash or irritation of the skin caused by contact with a foreign substance. Contact dermatitis results in large, burning, and itchy rashes. Common causes of allergic contact dermatitis include: nickel, buttons, gold, hair dyes, mehendi, artificial earrings and chromium. Even after days, contact dermatitis fades only if the skin no longer comes in contact with the allergen or irritant.



KELOID is a type of scar which, depending on its maturity, is composed mainly of collagen. It is a result of an overgrowth of granulation tissue at the site of a healed skin injury which is then slowly replaced by collagen. Keloids are firm, rubbery lesions or shiny, fibrous nodules, and can vary from pink to flesh-coloured or red to dark brown in colour. A keloid scar is benign and not contagious, but sometimes accompanied by severe itchiness, pain and changes in texture.



ACNE VULGARIS commonly seen in adolescents characterized by blackheads & pimples over the face. The appearance of acne varies with skin color. Aside from scarring, its main effects are psychological. However, under the guidance of qualified dermatologist, even refractory cases, with severe hormonal imbalances can be completely cured.





Dermatosurgery (Dermatological Services)

Co2 Laser Ablation

Ablation for removal of warts, moles, skin tags, coms, milia & molluscum.

Nail Avulsion

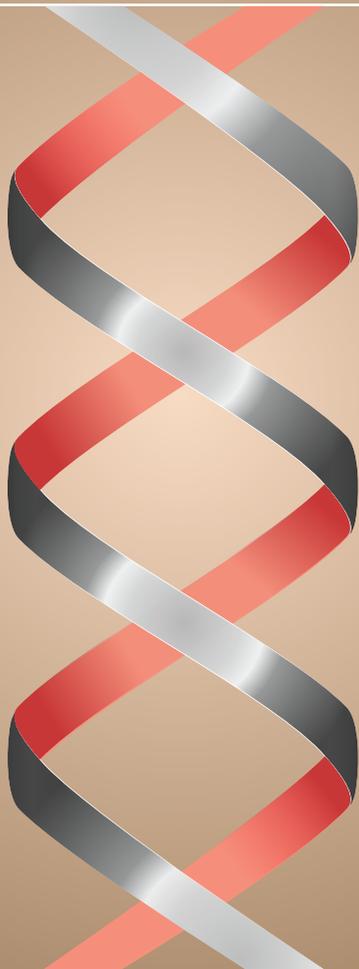
For excision in case of ingrowing toe nails and out nail disorders.

Earlobe Repair

Earlobe repair is repair of earlobe in case of an elongated or torn ear piercing.

Acne Scar Subcision / Punch Elevation

Includes Blister grafting, STSG & Melanocyte transfer technique.



Skin Biopsy

A skin biopsy is a procedure in which a small piece of living skin is removed from the body for examination, usually under a microscope, to establish a precise diagnosis.

Excision of Cyst

Sebaceous cyst excision is a simple procedure to completely remove the sac & its contents.

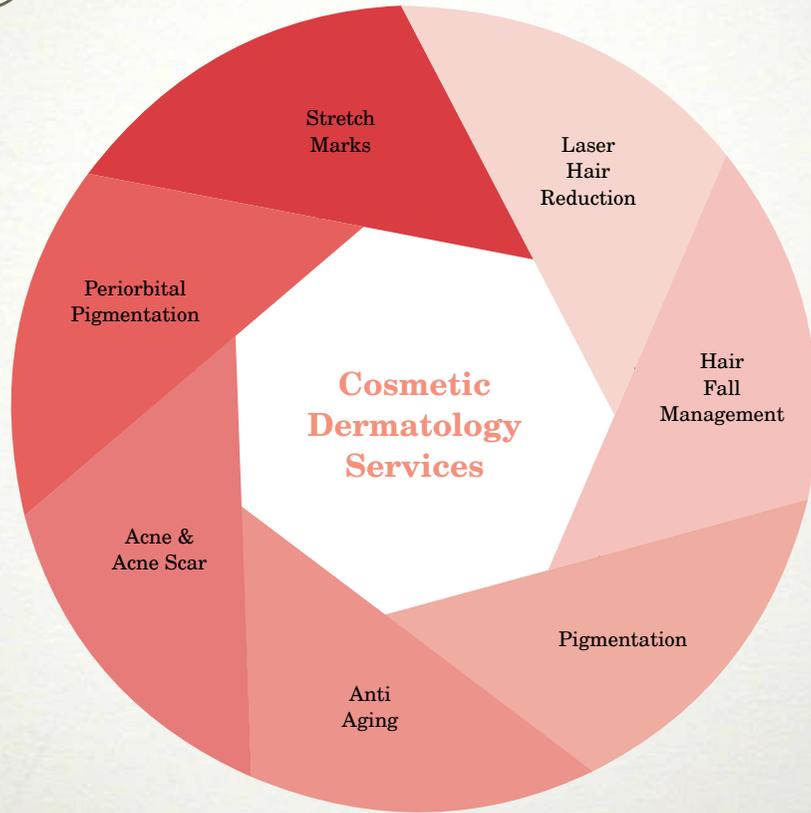
Vitiligo Surgeries

Surgical procedure aimed at imparting color to the white patches of skin procedures.

Cosmetic Dermatology

Dr. Nivedita Dadu's Dermatology Clinic, provides an array of services under cosmetic dermatology which might be defined as that aspect of the practice of dermatology that emphasizes looking good. At Dr. Nivedita Dadu's Dermatology Clinic comprehensive, multi pronged approach to all your cosmetic problems includes Medical Management, Prescription & Targeted Therapies.





LASER HAIR REDUCTION is fast overtaking traditional methods of hair removal like waxing, threading, razing, hair removal creams etc. Which over a period of time take a toll on the skin in terms of texture of skin and hair growth, with no benefit in terms of reduction in hair density. Laser hair reduction is a boon to both women and men. Benefits vary from reduction in density, improvement in texture from course, thick and dark to finer, fewer and lighter to longer hair free periods. Laser Hair Removal is the best way to remove all unwanted hair from any parts of your body, and is medically proven to give you permanent hair reduction. At Dr. Nivedita Dadu's Dermatology Clinic, we use diode laser which is gold standard for painless fastest hair removal, suitable for Indian skin type, full body covered in less than 2.5hrs.

HAIR FALL MANAGEMENT has been categorized into two major therapies.



A) Meso-Hair Therapy or Mesotherapy is a popular french technique of delivery of different vitamins, nutrients, growth factors and medicines in various combinations in different layers of the skin to get desired results.

We At Dr. Nivedita Dadu's Dermatology Clinic. use FDA approved scientifically proven European hair boosters, stem cells and growth factors to prevent hair fall, stimulate hair growth and nourishes and strengthens hair.

B) Platelet Rich Plasma Therapy is a technique in which Patient's blood is drawn like for a routine blood test, it is processed and platelet rich component of the blood is injected in the area of concern. These platelet rich part of blood is rich in various growth factors which promote hair growth.

